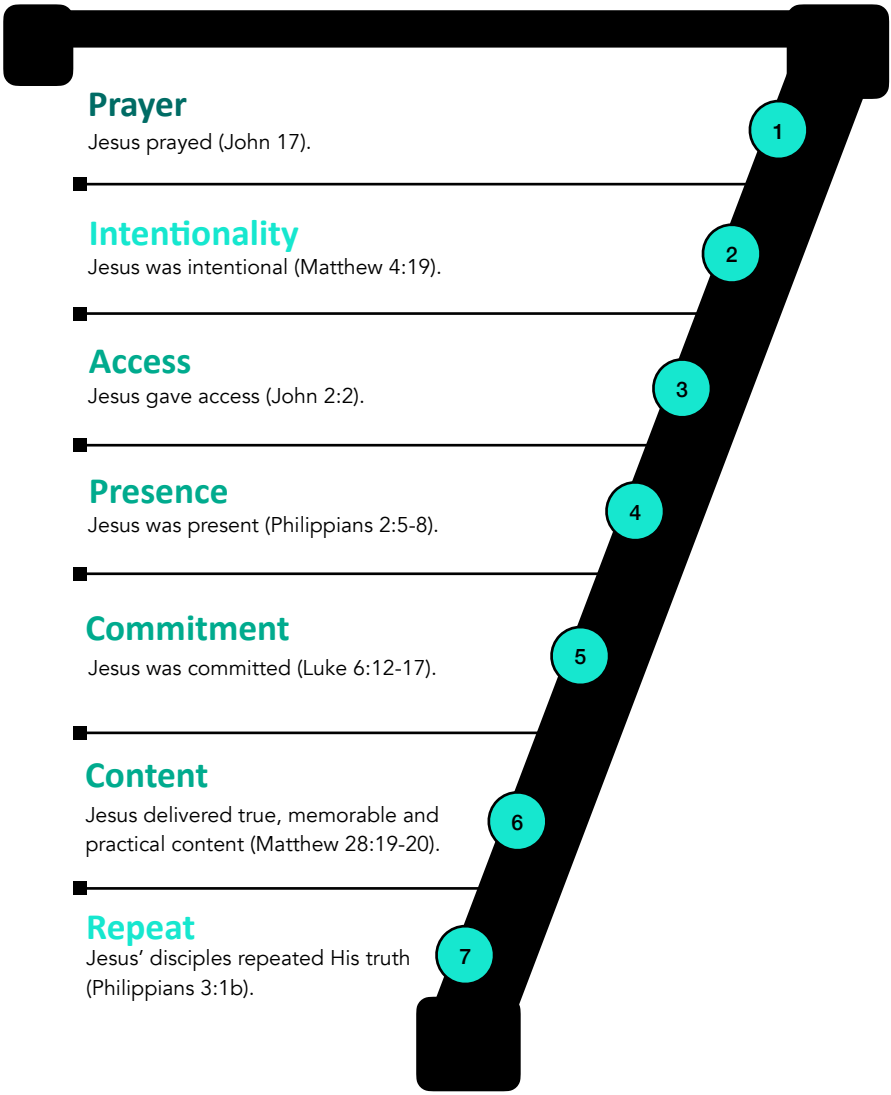Seven Practices of a Disciplemaker